

THE  
AREA AGENCIES ON AGING  
ASSOCIATION OF MICHIGAN  
PRESENTS

*THE AGE OF  
CHANGE*

24TH  
ANNUAL  
CONFERENCE

MAY 25 & 26, 2011

KELLOGG HOTEL AND CONFERENCE CENTER  
MICHIGAN STATE UNIVERSITY  
EAST LANSING

## **INSTRUCTIONS FOR CONTINUING EDUCATION CREDITS**

There is a form in your packet (“Continuing Education Verification of Attendance”) that documents your attendance and serves as your certificate. No other certificate will be issued.

The general (plenary) sessions provide credits for all professional groups. Fill out the evaluation survey provided at your table and take it to the main registration desk where proctors will initial your CE Verification of Attendance form.

Look for the codes after each workshop title to see if your profession can get continuing education credits for attending that workshop.

*N = nurse*

*SW = social worker*

*NHA = nursing home administrator*

*AFC = adult foster care licensee or administrator*

Be sure to write in the titles of your workshops on the CE Verification of Attendance form. Completely fill out the form, sign it, and leave the top copy at the registration desk before you leave. The bottom copy is for your records.

Proctors are assigned to each workshop to observe and document your attendance. You must attend the entire workshop to get credit, and fill out the evaluation form distributed by the proctor at the beginning of the workshop. If you have to leave for any reason, sign-out on the form kept by the proctor, and sign-in when you return; only brief absences will be allowed. At the end of the session, the proctor will collect your completed evaluation form and initial your Verification of Attendance.

Send grievances in writing to Mary Ablan, Area Agencies on Aging Association, 6105 W. St. Joseph, Suite 204, Lansing, Michigan 48917.

## **PROGRAM AT A GLANCE**

### Wednesday, May 25

- 8:00— 9:00am Registration & continental breakfast  
9:00—10:30am Keynote: Olga Dazzo  
11:00—12:30pm Workshops  
12:30— 2:30pm Lunch: What Are We Doing About Elder Abuse?  
2:30— 4:00pm Workshops  
4:00— 6:30pm Happy Hour sponsored by  
Critical Signal Technologies  
Diamond Sponsor

### Thursday, May 26

- 8:00— 9:00am Registration & continental breakfast  
9:00—10:30am Panel: Innovations in Health Care  
11:00—12:30pm Workshops  
12:30— 2:30pm Lunch: It Takes a Village to Support a Senior  
2:30— 4:00pm Workshops

### PLANNING COMMITTEE

Mary Ablan, MA, MSW, Area Agencies on Aging Association  
Carlton Nogle, LMSW, Tri-County Office on Aging  
Jill Vatter, RN, BSN, Tri-County Office on Aging

## Wednesday, May 25



8:00-9:00 am Registration

Exhibits and continental breakfast in Big Ten A

### 9:00-10:30 am Opening Session—Big Ten B

*Welcome by Judy Sivak, President, Area Agencies on Aging Association*

*Introduction by Marguerite Linteau, Critical Signal Technologies, Diamond Sponsor*

**KEYNOTE ADDRESS:** Olga Dazzo MPA, Director, Michigan Department of Community Health *N, SW, NHA, AFC*

Governor Rick Snyder's appointee to lead the Community Health Department will present her vision for improving the health and well-being of Michigan's citizens. Ms. Dazzo will explain an initiative to improve services for dual eligibles by integrating acute care, long term care and behavioral health services.

### 11:00-12:30 pm Workshops

- **CARE TRANSITIONS: AGING NETWORK OPPORTUNITY**, Room 107  
Frank Burns & Jeff King, Independent Living Systems, Miami, FL  
Section 3026 of the Affordable Care Act supports community collaborations to improve the quality of health care for Medicare beneficiaries by preventing unnecessary rehospitalizations. Learn more about Section 3026 and how ILS can help the aging network pursue this opportunity. No CE credits provided for this session.
- **FOOD, F.A.N. AND ZUMBA**, Riverside Room (lower level) *N, AFC*  
Tom MacNaughton BS, Lenawee County Department of Aging  
Tammy Weadock, Certified Zumba Instructor  
Making healthy behavior fun is a challenge, but Lenawee County has found a way! Learn about this program that integrates nutrition and friendship at a congregate mealsite with the fun and exercise called Zumba. Will guide attendees in a Zumba demonstration.  
Note: Social Work CE credits not available for this session.
- **HEALTHY EATING: AN EVIDENCE-BASED PROGRAM**  
Willy Room *N, SW, NHA, AFC*  
Tonya LaFave R.D., Upper Peninsula Area Agency on Aging/UPCAP  
Learn about the risk factors that impact the health status of older adults and how to reduce risks with food choices. Learn four

techniques to help elders improve their eating behaviors.  
This session repeats on May 26.

■ **GETTING THERE TOGETHER: TRANSIT & HUMAN SERVICES**

Heritage Room *SW, NHA, AFC*

Sandra Ghoston-Jones BA, AAA of Western Michigan, Grand Rapids  
Meegan Joyce, Interurban Transit Partnership, Grand Rapids  
Learn how a group of determined professionals achieved the  
'impossible dream' of coordinating transportation providers in Kent  
County, improving services for older adults and people with  
disabilities.

■ **SECRET CAREGIVERS: OLDER MEN CARING FOR SOMEONE  
WITH DEMENTIA**, Room 104 *N, SW*

Anne Ellermets MPA, AAA of Western Michigan, Grand Rapids  
Joy Spahn MPA, Alzheimer's Association, Grand Rapids  
Society's stereotype of the female caregiver has neglected the  
growing number of men in this role. Results will be shared from a  
recent survey of male caregivers, along with its implications for  
future planning and programming.  
This session repeats in the afternoon.

■ **HELPING PEOPLE ON WAITING LISTS WITH PERS**, Room 101  
*N, SW*

Jim McGuire MSW, Area Agency on Aging I-B, Southfield  
Jodi McGuire MSW, Consultant  
Louanne Bakk MSW, MSU Department of Social Work  
Waiting lists are growing with more people in need put on hold. With  
one of the largest waiting lists in the state, AAA I-B partnered with  
the private sector to provide PERS to waiting list participants at a  
reduced rate, with some surprising results.  
This session repeats in the afternoon.

## **12:30-2:30 pm Presentation and Lunch—Big Ten B**

*Introduction by Alison Hill, Guardian Medical Monitoring, Gold Sponsor*

**WHAT ARE WE DOING ABOUT ELDER ABUSE?** *N, SW, NHA, AFC*

Ron Tatro BS, Elder Law of Michigan, Lansing

Karla Fales MBA, Region 3-B Area Agency on Aging, Battle Creek

Cynthia Farrell BA, Michigan Department of Human Services

Lynne McCollum BA, Michigan Office of Services to the Aging

Sargeant Tracy Ruiz, MA, Lansing Police Department

Learn the latest statistics on this hidden crisis, and what state agencies, Area Agencies on Aging, and law enforcement officials are doing to protect vulnerable adults. Will describe a federally-funded model project, and talk about pending state legislation to strengthen protections and prevention.

*Raffle prizes—Gerontology Network, Gold Sponsor*

## **2:30-4:00 pm Workshops**

### ■ **UPDATE ON FEDERAL HEALTH REFORM, Room 102**

Michelle Oginsky, BA, Blue Cross Blue Shield of Michigan

This workshop will explain “Accountable Care Organizations” that play a prominent role in the federal government’s plan for improving health care quality and outcomes. Also, how Michigan’s health insurance exchange can assist aging organizations in shopping for affordable coverage. No CE credits provided for this session.

### ■ **THE LEAN APPROACH, Willy Room** *N, SW, NHA, AFC*

Sandra Kiesel MBA & Andrew Masson MA, GoLean, Inc., Lake Orion

Our new world is about service quality and efficiency. Learn how to improve your organization’s performance with the application of LEAN tools like six sigma, P3 and value stream analysis. Identify process concerns, waste, care delivery and client satisfaction issues. Special introduction by Wendi Middleton, Michigan Office of Services to the Aging.

### ■ **HEALTH CARE SUBSIDIES FOR LOW-INCOME SENIORS**

Heritage Room *SW, AFC*

Jan Osborn BA, MMAP Inc., Lansing

Learn about two federal programs - Medicare Savings Programs and the Low-Income Subsidy - that help pay for Medicare Parts A, B and

D. More than 75,000 eligible people in Michigan have not yet applied! Will explain benefits, eligibility and how to apply.

- **KINSHIP CARE, Room 107** *SW*  
Lynn Nee LMSW, Kinship Care Resource Center, East Lansing  
Therese Maupin-Moore, BA, Kinship Care Coordinator, Barry County  
With high unemployment, more grandparents than ever before are supporting grandchildren and other relatives. Who are kinship caregivers? What challenges are they facing? What can professionals do to support kinship families in their communities?
- **SECRET CAREGIVERS: OLDER MEN CARING FOR SOMEONE WITH DEMENTIA**, Room 104 *N, SW*  
Anne Ellermets MPA, AAA of Western Michigan, Grand Rapids  
Joy Spahn MPA, Alzheimer's Association. Grand Rapids  
Society's stereotype of the female caregiver has neglected the growing number of men in this role. Results will be shared from a recent survey of male caregivers, along with its implications for future planning and programming.
- **HELPING PEOPLE ON WAITING LISTS WITH PERS**, Room 101 *N, SW*  
Jim McGuire MSW, Area Agency on Aging I-B, Southfield  
Jodi McGuire MSW, Consultant  
Louanne Bakk MSW, MSU Department of Social Work  
Waiting lists are growing with more people in need put on hold. With one of the largest waiting lists in the state, AAA I-B partnered with the private sector to provide PERS to waiting list participants at a reduced rate, with some surprising results.

**4:00-6:30 pm** **HAPPY HOUR in Big Ten A&B** *Open bar and hors d'ouvres*  
**Sponsored by Critical Signal Technologies**  
**Diamond Sponsor**

## Thursday, May 26



8:00-9:00 am Registration  
Exhibits and continental breakfast—Big Ten A

### 9:00-10:30 am Opening Session—Big Ten B

*Welcome by Judy Sivak, President, Area Agencies on Aging Association*

*Introduction by Rose Cook, Blue Cross Blue Shield of Michigan, Platinum Sponsor*

#### INNOVATIONS IN HEALTH CARE: IMPROVING QUALITY & SAFETY

*N, SW, NHA, AFC*

Nancy Vecchioni MSN, MPRO, Farmington Hills

Brittany Bogan BS, Michigan Health & Hospital Association, Lansing

Michelle Moccia MSN & Kathleen Dattolo LMSW, St. Mary Mercy Hospital, Livonia

In the wake of federal health reform, learn about the new quality and safety initiatives coming from D.C., how Michigan's hospitals are addressing quality and safety, and how one health system has redesigned emergency rooms to meet seniors' needs.

### 11:00-12:30 noon Workshops

#### ■ USING CENSUS DATA, Room 107

*N, SW, NHA, AFC*

Janet Butler, U.S. Census Bureau, Detroit

Learn how to access the 2010 Census data on a new website developed by the Census Bureau. Learn about the categories of data useful to aging and health professionals and how to find data specific to your research interests.

Repeats in the afternoon.

#### ■ CARE TRANSITIONS, PART I, Room 104 *N, SW, NHA, AFC*

Nancy Vecchioni MSN, MPRO, Farmington Hills

Health reform is driving a nationwide emphasis on preventing unnecessary rehospitalizations. Learn about the solutions being implemented and the MI STA\*AR project. This session sponsored by the Michigan Society of Gerontology.

#### ■ UPDATE ON MEDICARE & MEDICAID, Room 101 *SW, NHA, AFC*

David Shaltz J.D., Chalgian & Tripp, East Lansing

Jo Murphy BSW, MMAP Inc., Lansing

Keep up with the latest changes in Medicare and Medicaid resulting

from health reform and actions by Congress and the State Legislature. Repeats in the afternoon.

- **HEALTHY EATING: AN EVIDENCE-BASED PROGRAM**, Willy Room  
*N, SW, NHA, AFC*  
Tonya LaFave R.D., Upper Peninsula Area Agency on Aging/UPCAP,  
Learn about the risk factors that impact the health status of older adults and how to reduce risks with food choices. Learn four techniques to help elders improve their eating behaviors.
  
- **PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (P.A.C.E.)**  
Heritage Room *N, SW, NHA, AFC*  
Pam Curtis BSW, Senior Resources, Muskegon  
Lynn Kellogg MPA, Region IV Area Agency on Aging, St. Joseph  
What is P.A.C.E. and what role does it play in Michigan's long term care system? Will present the perspectives and insights of two AAA Directors involved with developing new P.A.C.E. programs from the ground up.

**12:30-2:30 pm Presentation and Lunch—Big Ten B**

*Introduction by Michigan State Housing Development Authority, Gold Sponsor*

**IT TAKES A VILLAGE TO SUPPORT A SENIOR** *N, SW, NHA, AFC*

Candace Baldwin MS, NCB Capital Impact, Arlington, Virginia  
Betsy Wilson MA, ShareCare of Leelanau County  
Lynne Martinez, Village Organizer in Lansing  
Hear about the village movement and how villages can provide services and supports for members. Will describe a successful village operating in rural Michigan, the resources available to start new villages, and the development of a village in Lansing.

*Raffle prizes—Gerontology Network, Gold Sponsor*

**2:30-4:00 pm Workshops**

- **CARE TRANSITIONS, PART II**, Room 104 *N, SW, NHA, AFC*  
Carolyn Stramecki, RN, MHSA, MPRO, Farmington Hills  
Marguerite Linteau, LPN, Critical Signal Technologies, Farmington Hills  
Fawn Cothran, MSN, PhD, Area Agency on Aging I-B, Southfield  
This workshop will explain how a partnership between AAA I-B,

Botsford Hospital and MPRO is improving care coordination when patients leave the hospital, and how a telehealth program implemented in Alaska is improving quality and patient outcomes. This session is sponsored by the Michigan Society of Gerontology.

- USING THE AMERICAN COMMUNITY SURVEY, Heritage Room  
*N, SW, NHA, AFC*  
David Allen, Ph.D., Michigan State Housing Development Authority  
Will explain the wealth of data available in the American Community Survey, including detailed housing and health measures of interest to professionals working with older adults and people with disabilities. Learn how to access and manipulate ACS data.
  
- USING CENSUS DATA, Room 107  
*N, SW, NHA, AFC*  
Janet Butler, U.S. Census Bureau, Detroit  
Learn how to access the 2010 Census data now available on a new website developed by the Census Bureau. Learn about the categories of data useful to aging and health professionals and how to find data specific to your research interests.
  
- UPDATE ON MEDICARE & MEDICAID, Room 101 *SW, NHA, AFC*  
David Shaltz J.D., Chalgian & Tripp, East Lansing  
Jo Murphy BSW, MMAP Inc., Lansing  
Keep up with the latest changes in Medicare and Medicaid resulting from health reform and actions by Congress and the State Legislature.



Disclosures:

Conflicts of interest: Marguerite Linteau LPN, is Chief Clinical Officer for Critical Signal Technologies. Her presentation will describe telehealth, identify diagnoses that can benefit from remote monitoring, and explain how telehealth can reduce unnecessary medivacs, emergency room visits, and hospitalizations. It will draw on her professional experience in implementing a telehealth program throughout Alaska and in other states. Ms. Linteau will not present on the products provided by Critical Signal Technologies.

Non-endorsement of products and services: CE approval does not imply endorsement by the Area Agencies on Aging Association of Michigan, the American Nurses Credentialing Center, the Ohio Board of Nursing or the Ohio Nurses Association of any products or services displayed in conjunction with the 24th Annual Conference.

**We thank all of our sponsors for supporting this event! Visit their exhibits, get their initials on the pink form in your packet, and win valuable prizes!**

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