

THE
AREA AGENCIES ON AGING
ASSOCIATION OF MICHIGAN
PRESENTS

*THE AGE OF
CHANGE*

24TH
ANNUAL
CONFERENCE

MAY 25 & 26, 2011

KELLOGG HOTEL AND CONFERENCE CENTER
MICHIGAN STATE UNIVERSITY
EAST LANSING

PROGRAM AT A GLANCE

Wednesday, May 25

- 8:00— 9:00am Registration & continental breakfast
9:00—10:30am Keynote: Olga Dazzo
11:00—12:30pm Workshops
12:30— 2:30pm Lunch: What Are We Doing About Elder Abuse?
2:30— 4:00pm Workshops

Thursday, May 26

- 8:00— 9:00am Registration & continental breakfast
9:00—10:30am Panel: Innovations in Health Care
11:00—12:30pm Workshops
12:30— 2:30pm Lunch: It Takes a Village to Support a Senior
2:30— 4:00pm Workshops

PLANNING COMMITTEE

Mary Ablan, MA, MSW, Area Agencies on Aging Association
Carlton Nogle, LMSW, Tri-County Office on Aging
Jill Vatter, RN, BSN, Tri-County Office on Aging

CONTINUING EDUCATION CREDITS

Applications have been submitted for nurses, social workers, nursing home administrators, and adult foster care owners and administrators. The notations—*N*, *SW*, *NHA*, *AFC*—after every title indicate which groups will be able to get credits for attending that session.

Wednesday, May 25



8:00-9:00 am Registration

Exhibits and continental breakfast in Big Ten A

9:00-10:30 am Opening Session—Big Ten B

KEYNOTE ADDRESS: Olga Dazzo MPA, Director, Michigan Department of Community Health *N, SW, NHA, AFC*

Governor Rick Snyder's appointee to lead the Community Health Department will present her vision for improving the health and well-being of Michigan's citizens. Ms. Dazzo will explain an initiative to improve services for dual eligibles by integrating acute care, long term care and behavioral health services.

11:00-12:30 pm Workshops

■ FOOD, F.A.N. AND ZUMBA *N, SW, AFC*

Tom MacNaughton BS, Lenawee County Department of Aging
Tammy Weadock, Certified Zumba Instructor

Making healthy behavior fun is a challenge, but Lenawee County has found a way! Learn about this program that integrates nutrition and friendship at a congregate mealsite with the fun and exercise called Zumba. Will guide attendees in a Zumba demonstration.

■ HEALTHY EATING: AN EVIDENCE-BASED PROGRAM *N, SW, NHA, AFC*

Tonya LaFave R.D., UPCAP Area Agency on Aging, Escanaba
Learn about the risk factors that impact the health status of older adults and how to reduce risks with food choices. Learn four techniques to help elders improve their eating behaviors.

This session repeats on May 26.

■ GETTING THERE TOGETHER: TRANSIT & HUMAN SERVICES

SW, AFC

Sandra Ghoston-Jones BA, AAA of Western Michigan, Grand Rapids
Meegan Joyce, Interurban Transit Partnership, Grand Rapids
Learn how a group of determined professionals achieved the 'impossible dream' of coordinating transportation providers in Kent County, improving services for older adults and people with disabilities

■ **SECRET CAREGIVERS: OLDER MEN CARING FOR SOMEONE WITH DEMENTIA** *N, SW*

Anne Ellermets MPA, AAA of Western Michigan, Grand Rapids
Joy Spahn MPA, Alzheimer's Association, Grand Rapids
Society's stereotype of the female caregiver has neglected the growing number of men in this role. Results will be shared from a recent survey of male caregivers, along with its implications for future planning and programming.
This session repeats in the afternoon.

■ **HELPING PEOPLE ON WAITING LISTS WITH PERS** *N, SW*

Jim McGuire MSW, AAA I-B, Southfield
Jodi McGuire MSW, Consultant
Louanne Bakk MSW, MSU Department of Social Work
Budget cuts mean waiting lists are growing and more people in need put on hold. With one of the largest waiting lists in the state, AAA I-B partnered with the private sector to provide PERS to waiting list participants at a reduced rate, with some surprising results.
This session repeats in the afternoon.

12:30-2:30 pm Presentation and Lunch—Big Ten B

WHAT ARE WE DOING ABOUT ELDER ABUSE? *N, SW, NHA, AFC*

Ron Tatro BS, Elder Law of Michigan, Lansing
Karla Fales MBA, Region 3-B Area Agency on Aging, Battle Creek
Cynthia Farrell MS, Michigan Department of Human Services
Lynne McCollum BA, Michigan Office of Services to the Aging
Josh Lator BS, Michigan State Police
Elder abuse is a growing problem - so what are we doing about it?!
Learn the latest statistics on this hidden crisis, and what state agencies, Area Agencies on Aging, and law enforcement officials are doing to protect vulnerable adults. Will describe a federally-funded model project, and talk about pending state legislation to strengthen protections and prevention.

2:30-4:00 pm Workshops

■ **THE LEAN APPROACH** *N, SW, NHA, AFC*

Sandra Kiesel MBA & Andrew Masson MA, GoLean, Inc., Lake Orion
Our new world is about service quality and efficiency. Learn how to

improve your organization's performance with the application of LEAN tools like six sigma, P3 and value stream analysis. Identify process concerns, waste, care delivery and client satisfaction issues.

- **HEALTH CARE SUBSIDIES FOR LOW-INCOME SENIORS** *SW, AFC*
Jan Osborn BA, Medicare Medicaid Assistance Program, Lansing
Learn about two federal programs - Medicare Savings Programs and the Low-Income Subsidy - that pay beneficiaries' health care bills. Unfortunately, more than 75,000 eligible people in Michigan have not yet applied! This workshop will explain benefits and eligibility and how to apply for these programs.

- **KINSHIP CARE** *SW*
Lynn Nee LMSW, Kinship Care Resource Center, East Lansing
Therese Maupin-Moore, BA, Kinship Care Coordinator, Barry County
With high unemployment, more grandparents than ever before are supporting grandchildren and other relatives. Who are kinship caregivers? What challenges are they facing? What can professionals do to support kinship families in their communities?

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Thursday, May 26



8:00-9:00 am Registration

Exhibits and continental breakfast—Big Ten A

9:00-10:30 am Opening Session—Big Ten B

INNOVATIONS IN HEALTH CARE: IMPROVING QUALITY & SAFETY

N, SW, NHA, AFC

Nancy Vecchioni MSN, Michigan Peer Review Organization, Farmington Hills

Michelle Moccia MSN, St. Mary Mercy Hospital, Livonia

Kathleen Dattolo LMSW, St. Mary Mercy Hospital, Livonia

In the wake of federal health reform, learn about the new quality and safety initiatives coming from D.C., how Michigan's hospitals are addressing quality and safety, and how one health system has redesigned emergency rooms to meet seniors' needs.

11:00-12:30 noon Workshops

■ USING CENSUS DATA

N, SW, NHA, AFC

Janet Butler, U.S. Census Bureau, Detroit

Learn how to access the 2010 Census data on a new website developed by the Census Bureau. Learn about the categories of data useful to aging and health professionals and how to find data specific to your research interests.

Repeats in the afternoon.

■ CARE TRANSITIONS, PART I *N, SW, NHA, AFC*

Nancy Vecchioni MSN, Michigan Peer Review Organization

Health reform is driving a nationwide emphasis on reducing unnecessary rehospitalizations. Learn about the solutions being implemented and the MI STA*AR project. This session sponsored by the Michigan Society of Gerontology.

■ UPDATE ON MEDICARE & MEDICAID *SW, NHA, AFC*

David Shaltz J.D., Chalgian & Tripp, East Lansing

Jo Murphy BSW, Medicare Medicaid Assistance Program, Lansing

Keep up with the latest changes in Medicare and Medicaid resulting from health reform and actions by Congress and the State

Legislature. Repeats in the afternoon.

- **HEALTHY EATING: AN EVIDENCE-BASED PROGRAM** *N, SW, NHA, AFC*
 Tonya LaFave R.D., UPCAP Area Agency on Aging, Escanaba
 Learn about the risk factors that impact the health status of older adults and how to reduce risks with food choices. Learn four techniques to help elders improve their eating behaviors.

- **PROGRAM OF ALL-INCLUSIVE CARE FOR THE ELDERLY (P.A.C.E.)** *N, SW, NHA, AFC*
 Pam Curtis BSW, Senior Resources, Muskegon
 Lynn Kellogg MPA, Region IV AAA, St. Joseph
 What is P.A.C.E. and what role does it play in Michigan's long term care system? Will present the perspectives and insights of two professionals involved with developing new P.A.C.E. programs from the ground up.

12:30-2:30 pm Presentation and Lunch—Big Ten B

IT TAKES A VILLAGE TO SUPPORT A SENIOR *N, SW, NHA, AFC*

Candace Baldwin MS, NCB Capital Impact, Arlington, Virginia
 Betsy Wilson MA, ShareCare of Leelanau County
 Lynne Martinez, Village Organizer in Lansing
 Hear about the village movement and how villages can provide services and supports for members. Will describe a successful village operating in rural Michigan, the resources available to start new villages, and the development of a village in Lansing.

2:30-4:00 pm Workshops

- **CARE TRANSITIONS, PART II** *N, SW, NHA, AFC*
 Carolyn Stramecki, RN, MHSA, Michigan Peer Review Organization
 Marguerite Linteau, LPN, Critical Signal Technologies, Farmington Hills
 This workshop will explain how a partnership between AAA I-B, Botsford Hospital and MPRO is improving care coordination when patients leave the hospital, and how a telehealth program implemented in Alaska is improving quality and patient outcomes. This session is sponsored by the Michigan Society of Gerontology.

- **USING THE AMERICAN COMMUNITY SURVEY** *N, SW, NHA, AFC*
 David Allen, Ph.D., Michigan State Housing Development Authority
 Will explain the wealth of data available in the American Community Survey, including detailed housing and health measures of interest

to professionals working with older adults and people with disabilities. Learn how to access and manipulate ACS data.

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■ UPDATE ON MEDICARE & MEDICAID *SW, NHA, AFC*

David Shaltz J.D., Chalgian & Tripp, East Lansing

Jo Murphy BSW, Medicare Medicaid Assistance Program, Lansing

Keep up with the latest changes in Medicare and Medicaid resulting from health reform and actions by Congress and the State Legislature.



VISIT OUR WEBSITE AT WWW.MI-SENIORS.NET

Cancellation Policy

The registration fee, minus a \$30 processing fee, will be refunded if the registration is cancelled by May 7. No refunds will be made after this date. Individuals who do not attend, but have registered without paying, will be billed \$90 per day to cover food costs incurred by their registration.

CONFERENCE REGISTRATION

Call 1-800-875-5090 for an overnight room reservation. A special \$95 single/double rate is available through April 23—mention our conference.

Name: _____

Agency: _____

Address: _____

City/State/Zip: _____

Email: _____ Phone: _____

Earlybird Registration (deadline is April 24)

Both days _____ \$220 (member & associate member)
_____ \$260 (non-member)

One-day
___ May 25 or ___ May 26 _____ \$120 (member & associate member)
_____ \$140 (non-member)

Registration after April 24

Both days _____ \$260 (member & associate member)
_____ \$300 (non-member)

One-day
___ May 25 or ___ May 26 _____ \$160 (member & associate member)
_____ \$180 (non-member)

Allergies or special dietary needs:

**Return to: AAAAM
6105 W. St. Joseph, Suite 204
Lansing, MI 48917
Phone (517) 886-1029, fax (517) 886-1305**

Sponsor/exhibit opportunities available—www.mi-seniors.net.

WORKSHOP SELECTIONS

Send this form with your conference registration.

Wednesday, May 25

Morning workshops:

- Food, F.A.N. and Zumba
- Healthy Eating - An Evidence-Based Program
- Getting There Together: Transit & Human Services
- Secret Caregivers: Older Men Caring for Someone with Dementia
- Helping People on Waiting Lists with PERS

Afternoon workshops:

- The Lean Approach
- Health Care Subsidies for Low-Income Seniors
- Kinship Care
- Secret Caregivers: Older Men Caring for Someone with Dementia
- Helping People on Waiting Lists with PERS

Thursday, May 26

Morning workshops:

- Using Census Data
- Care Transitions, Part I
- Update on Medicare & Medicaid
- Healthy Eating - An Evidence-Based Program
- Program of All-Inclusive Care for the Elderly

Afternoon workshops:

- Care Transitions, Part II
- Using the American Community Survey
- Using Census Data
- Update on Medicare & Medicaid

ADA ACCOMMODATIONS

If you require accommodations to permit your attendance or participation, please send a written request by April 24 to Lynn Gustafson by mail (AAAAM, 6105 W. St. Joseph, Suite 204, Lansing, MI 48917) or email at lynn@mmapinc.org.