



AREA AGENCIES ON AGING ASSOCIATION OF MICHIGAN
6105 W. ST. JOSEPH, SUITE 204, LANSING, MICHIGAN 48917

April 4, 2011

To: Conference Participants
From: Mary Ablan, MA, MSW, Executive Director
Re: Information about the 24th Annual Conference

Overall goal of this conference: To enhance the knowledge and skills of professionals working with older adults and people with disabilities in the aging network and long term care system.

Continuing Education Credits:

This activity has been approved by the Michigan Social Work Continuing Education Collaborative for 10.5 CE hours.

This activity has been submitted to the Ohio Nurses Association (OBN-001-91) for approval to award contact hours. The Ohio Nurses Association is accredited as an approver of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

This activity has also been submitted to the State of Michigan for Nursing Home Administrators and Adult Foster Care Licensees and Administrators. For more information about the CE credits available, call or email Mary Ablan at (517) 886-1029 or ablan@iserv.net.

Criteria for successful completion for CE credits: Participants must attend sessions from beginning to end (only short absences allowed) and complete a written evaluation form. Proctors assigned to each CE session will monitor attendance and absences and initial a Verification of Attendance form if all requirements have been met. The Verification of Attendance form will document the sessions attended and the number of CE credits earned per session. When their conference participation ends, participants will turn in one copy of the form and keep one copy for their records.

Conflicts of Interest: There are no conflicts of interest for conference planners: Mary Ablan, MA, MSW, Area Agencies on Aging Association of Michigan; Carlton Nogle, LMSW, Tri-County Office on Aging; and Jill Vatter, RN, BSN, Tri-County Office on Aging.

There are no conflicts of interest for session presenters, with the exception of Marguerite Linteau, LPN, Critical Signal Technologies. Ms. Linteau is Chief Clinical Office for Critical Signal Technologies your Link to Life. Her presentation will consist of telehealth in Alaska, pursuant to her personal experience in implementing a program throughout the State of Alaska. It will describe what telehealth is and identify diagnoses that can benefit from remote monitoring. It will explain how the use of telehealth can reduce the number of unnecessary medivacs, emergency room visits, and hospitalizations. Ms. Linteau will not present on the products provided by Critical Signal Technologies.

Commercial Support and Sponsorships: To comply with continuing education provider requirements, commercial interests and sponsors have in no way influenced or biased the content of the CE presentations. The Area Agencies on Aging Association of Michigan has made all decisions regarding the disposition and disbursement of commercial support. There are no commercial sponsors as of April 4, 2011, but sponsors are being solicited.

Non-endorsement of products and services displayed at this conference: CE approval does not imply endorsement by the Area Agencies on Aging Association of Michigan, the American Nurses Credentialing Center, the Ohio Board of Nursing or the Ohio Nurses Association of any products or services displayed in conjunction with the 24th Annual Conference.

Outline of Conference Program with Objectives:

Wednesday, May 25

9:00 am to 10:30 am General Session: Update from Olga Dazzo, Michigan Department of Community Health

Olga Dazzo, MPA, Director, Mich. Dept. of Community Health and Acting Director, Mich. Office of Services to the Aging

Objectives: Describe Governor Rick Snyder's goal of reinventing Michigan pertaining to citizen's health and well-being.
Explain new initiatives in the area of health and long term care affecting older Michiganians.
Outline efforts within the Office of Services to the Aging to expand home and community-based services and improve services for seniors and people with disabilities.

Instructional methods: Lecture, powerpoint, handouts

11 am to 12:30 pm Workshops:

1. Food, F.A.N. and Zumba

Tom MacNaughton, BS, Lenawee County Department on Aging

Tammy Weadock, Zumba Instructor

Objectives: Describe successful aging and the value of ongoing and meaningful wellness activities at senior centers.
Describe a three-prong wellness program that can accommodate a large number of senior center participants.
Describe the variety and value of Zumba as a wellness activity.
Demonstrate the value of Zumba activity.

Instructional methods: Lecture, handouts, Zumba demonstration and audience participation.

2. Healthy Eating – An Evidence-Based Program

Tonya LaFave, R.D.

Objectives: Describe the Healthy Eating program and how it can help improve health outcomes in Michigan's older adults.
List two risk factors that can impact the health status of older adults, and methods to reduce risk and/or manage disease.

List four techniques that can help older adults improve health status.

Instructional methods: Lecture, sample activities and handouts

3. Getting There From Here: Transit and Human Services

Sandra Ghoston-Jones, BA, Area Agency on Aging of Western Michigan

Meegan Joyce, Interurban Transit Partnership

Objectives: Describe the historical difficulty seniors experienced finding a ride in Kent County, Michigan

Identify transportation needs of seniors

Explain the process used to coordinate transportation provider, the benefit and ongoing challenges.

Instructional methods: Lecture and handouts.

4. Secret Caregivers: Older Men Caring For Someone With Dementia

Joy Spahn, MPA, Alzheimer's Association

Anne Ellmermets, MPA, Area Agency on Aging of Western Michigan

Objectives: Explain how society's gender bias towards female caregivers has resulted in a failure to recognize men as viable caregivers, and how it influences caregiver support programs.

Describe how changing demographics will impact formal and informal support systems and how some of these systems will need to adjust.

Identify current male caregiver roles, supports and needs based on a survey of male caregivers and the role the Caregiver Resource Network plays in supporting caregivers.

Instructional methods: Lecture, powerpoint and handouts.

5. Helping People on Waiting Lists with PERS

Jim McGuire, MSW, Area Agency on Aging I-B

Jodi McGuire, MSW, consultant to Area Agency on Aging I-B

Louanne Bakk, MSW, Department of Social Work, Michigan State University

Objectives: Describe the current situation with adults in needs waiting for Medicaid and non-Medicaid home and community-based services.

Identify what the AAA I-B did to address the issues of individuals waiting for services.

Explain the results of the pilot and plans for continuation.

Instructional methods: Lecture, powerpoint and handouts

12:30 pm to 2:30 pm Luncheon Plenary: What Are We Doing About Elder Abuse?

Ron Tatro, BS, Elder Law of Michigan

Karla Fales, MBA, Region 3-B Area Agency on Aging

Cynthia Farrell, MS, Michigan Department of Human Services

Lynne McCollum, BA, Michigan Office of Services to the Aging

Josh Lator, BS, Michigan State Police

Objectives: Detail basic statistics on elder abuse, neglect and exploitation and programs to address it.

Explain the role of Area Agencies on Aging in prevention and a model demonstration in Calhoun County.

Explain the role of Adult Protective Services in investigating abuse and how to report suspected abuse, neglect and exploitation.

Explain the role of law enforcement agencies in pursuing cases of abuse, neglect and exploitation.

Describe the Office of Services to the Aging's position as coordinator of statewide efforts and advocacy on pending legislation to address abuse.

Instructional methods: Video, lecture, and handouts

2:30 pm to 4:00 pm Workshops:

1. The Lean Approach

Sandra Kiesel, MBA, GoLean Inc.

Andrew Masson, MA, GoLean Inc.

Objectives: Describe Lean and its value for organizations to improve efficiency and lower costs.

Explain Lean tools for analyzing processes within organizations and identifying areas for improvement.

Apply Lean tools to analyze problems faced by aging organizations, and do preliminary analyses.

Instructional methods: Lecture, powerpoint, examples of using Lean tools, and handouts

2. Health Care Subsidies For Low-Income Seniors

Jan Osborn, BA, Medicare Medicaid Assistance Program (MMAAP)

Objectives: Describe MMAAP and its work in helping low-income beneficiaries.

Outline a brief overview of Medicare.

Explain the Low Income Subsidy program for Medicare drug benefits.

Explain the Medicare Savings Programs.

Instructional methods: Lecture, powerpoint and handouts

3. Kinship Care

Lynn Nee, MSW, Kinship Care Resource Center

Therese Maupin-Moore, Kinship Care Coordinator, Barry County

Objectives: Explain the characteristics of Michigan's kinship caregivers and the challenges they face.

Describe what aging professionals can do to support kinship families in their communities.

Instructional methods: Lecture, powerpoint and handouts

4. Secret Caregivers (repeated)

5. Helping People On Waiting Lists with PERS (repeated)

Thursday, May 26

9:00 to 10:30 am General Session: Innovations in Health Care – Improving Quality and Safety for Seniors

Nancy Vecchioni, RN, MSN, CPHQ, Michigan Peer Review Organization (MPRO)

Michelle Moccia, RN, MSN, ANP-BC, CCRN, St. Mary Mercy Hospital, Livonia

Kathleen Dattolo, LMSW, St. Mary Mercy Hospital, Livonia

Objectives: Outline the 10th Scope of Work for MPRO as determined by the Centers for Medicare and Medicaid Services.

Describe the Keystone Initiative of the Michigan Health and Hospital Association and its impact on infection rates in hospitals.

Explain the purpose and impact of the Senior Emergency Room initiative at Trinity Health Systems.

Instructional methods: Lecture, powerpoint, video and handouts.

11:00 to 12:30 pm Workshops:

1. Using Census Data

Janet Butler, U.S. Census Bureau

Objectives: Outline the data categories collected in the 2010 census and elements of particular interest to aging professionals.

Explain the Census Bureau's new website designed to make 2010 census data more accessible.

Demonstrate how an aging researcher can use the website to find aging data specific to counties and cities in Michigan.

Instructional methods: Lecture, powerpoint and handouts.

2. Care Transitions, Part I

Nancy Vecchioni, RN, MSN, CPHQ, Michigan Peer Review Organization

Objectives: Describe the epidemiology of hospital readmissions.

Outline an overview of MI STA*AR

Identify three interventions to reduce rehospitalizations

List two community interventions that reduce rehospitalizations.

Instructional methods: Video, lecture, powerpoint, handouts

3. Updates on Medicare and Medicaid

David Shaltz, J.D., Chalgian & Tripp

Jo Murphy, BSW, Medicare Medicaid Assistance Program (MMAAP)

Objectives: Explain recent changes in the Medicare program that practitioners need to know.

Explain recent changes in the Medicaid program that practitioners need to know.

Instructional methods: Lecture, powerpoint and handouts.

4. Healthy Eating (repeated from 5/25)

5. Program of All-Inclusive Care for the Elderly (P.A.C.E.)

Pam Curtis, BSW, Senior Resources

Lynn Kellogg, MPA, Region IV Area Agency on Aging

Objectives: Describe P.A.C.E. and how its operations and outcomes impact the health status of targeted participants.
Describe how P.A.C.E. plays a critical role in the Medicaid long term care system in Michigan.
Explain what's involved in establishing a P.A.C.E. project and lessons learned.

Instructional methods: Lecture, powerpoint, video and handouts

12:30 – 2:30 pm Luncheon Presentation: It Takes A Village To Support A Senior
Candace Baldwin, MS, NCB Capital Impact
Betsy Wilson, MA, ShareCare of Leelanau County
Lynne Martinez, Village Organizer in Lansing

Objectives: Define the village model and describe the village-to-village network and the resources available on the national and state levels to support the development of villages.
Describe the ShareCare program in Leelanau County as an example of a village in rural Michigan.
Explain the process by which an urban village is now under development in Lansing

Instructional methods: Lecture, handouts and powerpoint

2:30—4:00 pm Workshops

1. Care Transitions, Part II

Carolyn Stramecki, RN, MHSA, CPHQ, Michigan Peer Review Organization
Marguerite Linteau, LPN, Critical Signal Technologies

Objectives: Describe the Discharge Care Transitions Collaborative with Area Agency on Aging I-B and Botsford Hospital.
Identify two interventions that were implemented to improve care coordination/transitions at discharge.
Describe telehealth and the indications for use including the benefits of telehealth and provider.
Explain the telehealth program in Alaska.

Instructional methods: Lecture, powerpoint, video and handouts

2. Using the American Community Survey

David Allen, Ph.D., Michigan State Housing Development Authority

Objectives: Explain the history and purpose of the American Community Survey (ACS) and its relationship to the Census.
Describe the types of data collected in the ACS and its relevance for professionals serving older adults.
Demonstrate how to obtain data in the ACS using a variety of parameters.

Instructional methods: Lecture, powerpoint and handouts.

3. Using Census Data (repeat)

4. Updates on Medicare and Medicaid (repeat)